

MEDIA KIT · 2026

JESSICA DOYLE-MEKKES

Author · Keynote Speaker · Voice & Human Communication Expert

Jessica Doyle-Mekkes stands at the forefront of voice empowerment, uniquely combining **brain science, voice science, and irreverent confidence-building** to help women and professionals unlock their fearless presence.

She is the internationally published author of the bestselling *I'm Speaking: every woman's guide to finding your voice & using it fearlessly*, hailed "a bible on how to stand your ground without trepidation" by *Booklist*.

For 15 years she has transformed how executives, actors and leaders command a room: on stage, in meetings, and across digital platforms, teaching not just how to speak, but how to trust and own one's voice.

15+

YEARS
COACHING
VOICE

III

SOMATIC
VOICework™

ECU

HEAD OF
MUSICAL
THEATRE

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REEL [Watch the speaker reel](#)



KEYNOTES

THREE TALKS. ONE BODY OF WORK.

What happens to people when communication, performance, trust and pressure collide. A talk built on voice science sends people home able to do something specific on Monday. Every talk is tailored to the room.

KEYNOTE 1

Find Your Voice & Use It Fearlessly

Confidence and self-advocacy when the stakes are high.

Confidence isn't an instruction. When the stakes rise, breath, pitch and pace change before you've said a word, and we read that as a personal failing. Jessica replaces the vague advice with voice and brain science, and shows it live, with the audience taking part.

PERFECT FOR

- Women's leadership conferences and ERGs
- Leadership development programs
- Universities and student leadership events
- Executive communication programs

AUDIENCES LEAVE WITH

- What actually happens to the voice, brain and body under pressure
- How breath, pitch, pace, resonance, volume and intention shape how you're perceived
- Small, specific changes that hold up when you're nervous

KEYNOTE 2

The Human Signal

The leadership skills AI makes more valuable.

As AI gets better, what do humans need to get better at? Jessica isn't here to teach your audience how to use AI. She teaches organizations how to develop the people who will work alongside it: the judgment, trust and presence no tool replaces.

PERFECT FOR

- Leadership and HR conferences
- Future-of-work events
- Healthcare leadership
- Organizations in the middle of a transformation

AUDIENCES LEAVE WITH

- **What should we automate?** Where technology makes people and teams more effective
- **What must remain human?** Judgment, context, trust, empathy, creativity, accountability
- **What must we strengthen?** The capabilities people need once tools take on part of the work

KEYNOTE 3

Your Voice Is a Leadership Skill

The science of being heard, trusted & remembered.

People decide whether to trust a leader before they've weighed a single argument, and much of that is voice, presence and delivery. Jessica shows how those signals shape the way leaders are perceived.

PERFECT FOR

- Leadership development programs
- Executive and management teams
- Professional associations and conferences

AUDIENCES LEAVE WITH

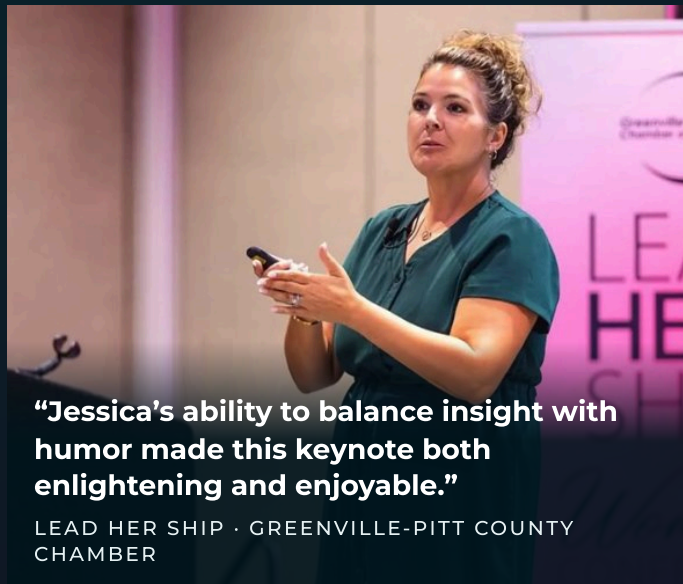
- How voice, presence and communication influence the way leaders are perceived
- Practical tools for communicating with greater credibility and impact
- What to change to be heard, trusted and remembered

Formats: signature keynote, 45–60 min · keynote + audience Q&A, up to 75 min · keynote + breakout or workshop · 90-minute interactive workshop · half-day program · virtual keynote, 45–60 min · virtual workshop, up to 90 min. Every engagement includes a pre-event consultation and audience customization. Travel and lodging are additional for in-person events.



ON STAGE

WHAT ROOMS SAY.



"Jessica's ability to balance insight with humor made this keynote both enlightening and enjoyable."

LEAD HER SHIP · GREENVILLE-PITT COUNTY CHAMBER



"I walked away feeling empowered with a new understanding of my own voice and the steps I can take to better care for it."

SPARK WOMEN'S LEADERSHIP CONFERENCE

"Jessica skillfully explored how our voices can be a powerful tool, while also highlighting the need to be mindful of how we use and nurture them."

EAST CAROLINA UNIVERSITY · PANEL

"Amazing session: very important information on how to become aware, speak up, and break patterns."

ARACELI HIGUERAS · BUSINESS ANALYST AND EXECUTIVE COACH

Next up: the Indiana Conference for Women, November 13, 2026, JW Marriott Indianapolis, on a bill with Harry Connick Jr. and Shawn Johnson East.

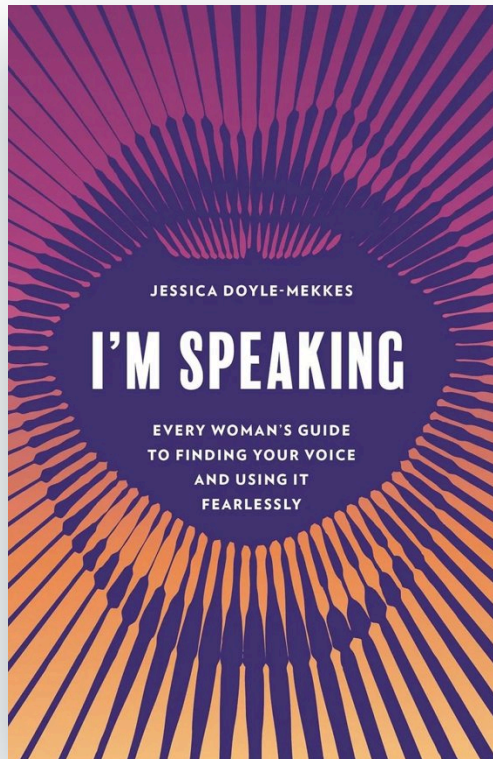
JESSICA'S CLIENTS INCLUDE



NC **Chamber**



I'M SPEAKING



I'm Speaking: every woman's guide to finding your voice & using it fearlessly

Bloomsbury · print, ebook, and audiobook narrated by Jessica.

Amazon

Audible

Conference organizers regularly pair a keynote with copies for every attendee. Ask about bulk pricing.

“If your voice doesn’t feel like it deserves a place in **Marvel’s universe after reading this book... read it again.”**

REGINA CRISCI · FOUNDER, A PARENT CO. · SHARK TANK ALUM

“Quite simply, a bible on how to stand your ground without trepidation, whether asking for a raise or speaking out against gaslighting.”

Booklist

“Doyle-Mekkes fluidly weaves together practical speaking tips and big-picture advice on how to shore up one’s self-esteem. The reticent will find much to mull over in this confidence-boosting manual.”

Publishers Weekly

“A hilarious, confidence boosting guide for anyone trying to strengthen their physical voice and empower their inner voice. The thoughtful research within helped me combat my imposter syndrome and inspired me to be bolder!”

Taylor Louderman, Tony-nominated actress

“Had me humming, breathing, and laughing my way to more confidence. A fun mix of engagement, humor and learning! Timely for any woman, in any field.”

Katie Fahey, activist, founder of Voters Not Politicians

“Jessica helps to bridge the gap between speaking & self-confidence, offering women the exact tools needed to create a voice that is clear, confident, and authentically yours.”

Rhonda Vetere, global technology industry expert, 2x author

AS HEARD ON. AS READ IN.



Publications & features

THE WASHINGTON POST

Why you might not like your recorded voice ↗

THE DAILY BEAST

Did Hillary Lose Thanks to a Bad Microphone? ↗

NPR • 1A

How Gender Affects the Way We Speak ↗

WOMAN&HOME

Make Yourself Heard ↗

CHIEF

Nailing the Pitch: Embrace Your Authentic Sound ↗

GLOBAL CATALYST

How to Speak With Confidence and Use Your Voice for Impact ↗

AUTHORITY MAGAZINE

Rising Through Resilience ↗

EAST CAROLINA UNIVERSITY

Faculty Spotlight ↗

READER'S DIGEST

8 Public Speaking Tips to Nail Your Next Presentation (no longer online)

Podcasts

CUBICLE TO CEO

From 1 Client to 200+ Weekly 1:1 Students ↗

THE PRODUCTIVE WOMAN

Finding and Using Your Voice ↗

GO BEYOND BARRIERS

Discover Your Voice ↗

EMBRACING ONLY

Choose to Challenge, With Voice ↗

EVOKE GREATNESS

Professor, Vocal Coach, Author ↗

THE SHE LEADS PODCAST

Unlocking Your Authentic Voice ↗

POD2

Give Women the Mic ↗

WORK LIFE BRILLIANCE

How to Build an Influential Voice ↗

FULL BIO

ALL ABOUT JESSICA.

Jessica Doyle-Mekkes is an internationally published author, keynote speaker, and leading expert on the human voice—how we speak, how we’re heard, and how the way we communicate shapes trust, confidence, credibility, and connection.

She is the Head of Musical Theatre at East Carolina University, where she has taught voice and vocal pedagogy since 2017. Her bestselling book, *I’m Speaking: Every Woman’s Guide to Finding Your Voice & Using It Fearlessly* (Bloomsbury), was hailed as “a bible on how to stand your ground without trepidation” by *Booklist*.

With more than 15 years of experience studying and coaching the human voice, Jessica has worked with Broadway, television, film, and recording artists as well as entrepreneurs, government officials, former White House senior advisors, and C-suite executives.

Blending voice science, neuroscience, communication research, and real-world practice, Jessica helps people understand that their voice is more than a vehicle for words—it is one of the most powerful signals we have for building trust and influencing how others experience us. Her work explores the role of human communication in leadership, healthcare, workplace culture, and an increasingly AI-driven world, helping people communicate with greater clarity, confidence, authenticity, and impact.

Jessica works with organizations, universities, nonprofits, and businesses through keynotes, workshops, consulting, and coaching. She serves on the Advisory Council for HERicanes, a nonprofit empowering girls and young women, and is a member of the Global Girl Glow Speaker’s Bureau, supporting the rights and advocacy of more than 100,000 girls worldwide.

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